



Hospital Association of San Diego and Imperial Counties

2013 Community Health Needs Assessment



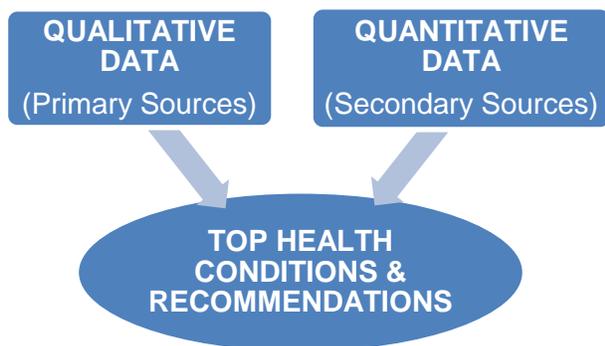
Executive Summary July 2013

Grounded in a longstanding commitment to address community health needs in San Diego, seven hospitals and healthcare systems came together under the auspices of the Hospital Association of San Diego and Imperial Counties (HASD&IC) to conduct a triennial Community Health Needs Assessment (CHNA) that identifies and prioritizes the most critical health-related needs of San Diego County residents. Participating hospitals will use the findings to guide their community programs and to meet IRS regulatory requirements that not for profit (tax exempt) hospitals conduct a health needs assessment in the community once every three years.

Per guidance from an advisory group of hospital representatives, HASD&IC contracted with the Institute of Public Health (IPH) at San Diego State University to design and implement the CHNA. The IPH employed a rigorous methodology using both community input (primary data sources) and quantitative analysis (secondary data sources) to identify and prioritize the top health conditions in San Diego County.

San Diego County is a socially and ethnically diverse community with a population of 3.2 million people. Although the study area for this CHNA is the entire County, each hospital has the ability to use the county-wide findings or adapt the findings to reflect the communities they serve, as much of the data is available at zip code level.

CHNA Framework



In order to prioritize the community health needs, the IPH developed a methodology that included both qualitative and quantitative data sources. Quantitative Data included hospital discharge data, statistics from the San Diego County Health and Human Services Agency, the US Census Bureau, the Centers for Disease Control, and others. The IPH also sought direct input from the community through an electronic survey to health experts and community leaders, key informant interviews, and community forums.

Recognizing that health needs differ across the region and that socioeconomic factors impact health outcomes, the IPH used the Dignity Health Community Need Index (CNI) to identify communities with the highest level of health disparities and needs. Residents in five of these neighborhoods were asked to provide input in a community forum setting.

When the IPH combined the results of all of the data and information gathered, four conditions emerged clearly as the top community health needs in San Diego County (in alphabetical order):

- Cardiovascular Disease
- Diabetes (type 2)
- Mental/Behavioral Health
- Obesity

Five broad categories of recommendations for hospitals to improve community health included:

- Access to Care or Insurance
- Care management
- Education
- Screening Services
- Collaboration

For in-depth information about the HASD&IC 2013 CHNA, please read the full report available at www.hasdic.org. In addition to a more detailed summary of the CHNA process and findings, it also includes the IPH CHNA Toolkit with in-depth information and data that participating hospitals and healthcare systems could use to evaluate the health needs of their patients and determine, adapt, or create programs at their facilities. Links throughout the document allow interested parties, including participating hospitals and healthcare systems and members of the community, a mechanism to access the full spectrum of information relative to the development of the HASD&IC 2013 CHNA.



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